



October 2017 Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 NO SCHOOL P/T Conferences	3 *Chicken Nuggets Sweet Potato Wedges Wheat Roll with Jelly Vegetable Choice Fruit Choice Milk Choice	4 Macaroni & Cheese Meatballs Seasoned Peas Whole Wheat Roll w/Jelly Vegetable Choice Fruit Choice Milk Choice	5 *Baked Ham Sweet Potato Fries Greenbeans Biscuit & Jelly Cookie (9-12) Vegetable Choice Fruit Choice Milk Choice	6 *Hot Dog on a Bun Tri Taters Vegetable Choice Fruit Choice Milk Choice	7
8	9 *Pig in a Blanket Red Roasted Potatoes Broccoli w/Cheese Vegetable Choice Fruit Choice Milk Choice	10 *Chicken Wrap Spanish Brown Rice Sautéed Zucchini Oatmeal Cookie Vegetable Choice Fruit Choice Milk Choice	11 Spaghetti w/Meat Sauce Whole Wheat Garlic Bread Green Beans Vegetable Choice Fruit Choice Milk Choice	12 Taco Salad Refried Beans Whole Wheat Cinnamon Puff (9-12) Vegetable Choice Fruit Choice Milk Choice	13 *Hamburger on a Bun Sweet Potato Fries Vegetable Choice Fruit Choice Milk Choice	14
15	16 *Mini Meatball Sub Ranch Potato Wedges Vegetable Choice Fruit Choice Milk Choice	17 *Ranch Chicken Drumsticks Baked Beans Roasted Potato Salad Whole Wheat Roll Vegetable Choice Fruit Choice Milk Choice	18 Super Nachos Refried Beans Seasoned Corn Vegetable Choice Fruit Choice Milk Choice	19 *Cheese Pizza Broccoli Florets Vegetable Choice Fruit Choice Milk Choice	20 1/2 Day Noon Dismissal K-5 only *Hot Dog on a Bun Tri Tater Snickerdoodle Vegetable Choice Fruit Choice	21
22	23 *Pork Rib on Bun Sweet Potato Puffs Vegetable Choice Fruit Choice Milk Choice	24 Taco Soup Tortilla Chips Vegetable Choice Fruit Choice Milk Choice	25 *Corn Dog Green Beans Tater Tots Snickerdoodle Vegetable Choice Fruit Choice Milk Choice	26 *Chicken Quesadilla Tortilla Chips Black Bean/Corn Salsa (9-12) Vegetable Choice Fruit Choice Milk Choice	27 *Hamburger on a Bun Tri Taters Vegetable Choice Fruit Choice Milk Choice	28
29	30 Macaroni & Cheese Meatballs Whole Wheat Bread & Jelly Seasoned Peas Vegetable Choice Fruit Choice Milk Choice	31 Chili Tortilla Chips (9-12) Cinnamon Roll Vegetable Choice Fruit Choice Milk Choice	<ul style="list-style-type: none"> • All Menus are subject to change • *This institution is an equal opportunity provider.* • 6th-12th grades optional choices Turkey Sandwich, PB&J Sandwich, or Chef Salad • * Indicates an entrée that is available for "doubles" for 6th-12th grades 			