October 2022 Lunch

KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Pizza Pasta Garlic Knot Green Beans Side Salad Peaches Milk	4 Beef Nacho Bar Chili Beans Apples Milk	5 Hot Dog French Fries Side Salad Applesauce Milk	6 Chicken Spaghetti Garlic Knot Italian Salad Baby Carrots Peaches Milk	7 BBQ Pulled Pork Sandwich Baby Carrots Coleslaw Fruit Milk
10 Pig in a Blanket Mac&Cheese Green Beans Side Salad Peaches Milk	11 Beef Taco Refried Beans Chips and Salsa Apples Milk	12 Ham and Cheese Melt Garden Salad Cucumber Slices Ranch Dressing Fruit Milk	13 Popcorn Chicken Mashed Potatoes & Gravy Side Salad Dinner Roll Peaches Milk	14 Personal Pizza Baby Carrots Side Salad Applesauce Milk
17 Corn Dog Seasoned Potatoes Side Salad Peaches Milk	18 Grilled Cheese Sandwich Tomato Soup Side Salad Apples Milk	19 Pork Loin Dinner Roll Green Beans Side Salad Fruit Milk	20 Mexican Pizza Mexican Salad Baby Carrots Peaches Milk	21 Breaded Chicken Sandwich Baked Beans Coleslaw Applesauce Milk
24 Spaghetti and Meat Sauce Breadstick Green beans Side Salad Peaches Milk	25 Taco Soup Chili Beans Chips & Salsa Apples Milk	26 Ham Pocket Garden Salad Baby Carrots Fruit Milk	27 Pulled Pork Loaded Baked Potato Dinner Roll Side Salad Peaches Milk	28
31 Biscuits & Gravy Sausage Patty Scrambled Eggs Breakfast Potatoes Baby Carrots Peaches Milk	1	2	3	4

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER