October 2021 Lunch

KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Cheeseburger Ruffles Baby Carrots with Ranch Fruit Milk
4 Steak Fingers Mashed Potatoes and Gravy Dinner Roll Fruit Milk	5 Pizza Pasta Green Beans Garlic Breadstick Fruit Milk	6 Chicken Fajitas Refried Beans Chips and Salsa Fruit Milk	7 Pork Loin Roasted Carrots Dinner Roll Cookie Fruit Milk	8 Breaded Chicken Sandwich Garden Salad Ruffles Fruit Milk
11 Chicken Spaghetti Breadstick Green Beans Fruit Milk	12 Beef Nacho Bar (Beef, Queso, Beans) Chips and Salsa Fruit Milk	13 BBQ Chicken Flatbread Baby Carrots with Ranch Fruit Milk	14 Hamburger Steak OR BBQ Mini Meatloaf Mashed Potatoes and Brown Gravy Dinner Roll Fruit Milk	15 Calzone Marinara Sauce Caesar Salad Fruit Milk
18 Popcorn Chicken Mashed Potatoes and Gravy Dinner Roll Fruit Milk	19 Pig In a Blanket Mac and Cheese Baby Carrots Fruit Milk	20 Cheeseburger Baked Beans Ruffles Fruit Milk	21 Chicken and Noodles Green Beans Dinner Roll Fruit Milk	22 Personal Pizza Caesar Salad Fruit Milk
25 Waffles Scrambled Eggs Sausage Patty Breakfast Potatoes Fruit Milk	26 Chicken Soft Taco Mexican Salad Chips and Salsa Fruit Milk	27 Grilled Cheese Sandwich Tomato Soup Baby Carrots with Ranch Fruit Milk	28 Homemade Chili Chili Beans Dinner Roll Fruit Milk	29 Hot Italian Flatbread Coleslaw S'More Pudding Fruit Milk

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER