October 2022 Breakfast

KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Pancakes Cereal Applesauce Juice Milk	4 Toast Scrambled Eggs Cereal Fruit/Juice Milk	5 Biscuit and Gravy Cereal Peaches Juice Milk	6 Breakfast Burrito Cereal Fresh Apple Juice Milk	7 Cinnamon Roll Cereal Oranges Juice Milk
10 Cinnamon Toast Sausage Patty Cereal Applesauce Juice Milk	11 Apple Cinnamon Oatmeal Toast Cereal Fruit/Juice Milk	12 Biscuit and Gravy Cereal Peaches Juice Milk	13 Pancake on a Stick Cereal Fresh Apple Juice Milk	14 Donut Cereal Oranges Juice Milk
17 Waffles Cereal Applesauce Juice Milk	18 Cinnamon Toast Yogurt Cereal Fruit Juice Milk	19 Biscuit and Gravy Cereal Peaches Juice Milk	21 Breakfast Calzone Cereal Fresh Apple Juice Milk	22 Cinnamon Roll Cereal Oranges Juice Milk
24 Apple Cinnamon Oatmeal Sausage Patty Cereal Appelsauce Juice/Milk	25 Scrambled Eggs Cereal Toast Fruit Juice Milk	26 Biscuit and Gravy Cereal Peaches Juice Milk	27 Breakfast Burrito Cereal Fresh Apple Juice Milk	28
31 Pancakes Ceral Applesauce Juice Milk				

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